

FOOD FOR THE SOUL

# ALIGHT

## FAMILY ♥ FIESTA

SATURDAY 21 SEPTEMBER  
8.30AM-4.30PM  
ST BEDE'S COLLEGE, MENTONE



INTERNATIONAL GUEST  
FR LEO PATALINGHUG  
PRIEST, CHEF, BEST-SELLING  
AUTHOR, MARTIAL ARTS TEACHER,  
BREAKDANCING CHOREOGRAPHER,  
FOUNDER OF 'PLATING GRACE'



REGISTER ONLINE NOW! [WWW.CAM.ORG.AU/ALIGHT19](http://WWW.CAM.ORG.AU/ALIGHT19)



# ALIGHT

FOOD FOR THE SOUL

## FAMILY FIESTA

**'LET YOUR LIGHT SO SHINE BEFORE MEN'**  
(MATT 5:16)

### ABOUT

At a time when our faith is being tested from both inside and outside the Church, and trust in institutions—including the Church—are at an all-time low, where do people turn to see Christ's love in action? Our families! It is families rooted in Christ who can become the fertile ground in which the witness of the Gospel and our message of hope can sprout anew. *Alight Family Fiesta* aims to unite families and anyone interested in encouraging and strengthening Catholic family life. It's for Mum, Dad and the whole family. Grandparents, uncles, aunts—anyone who wants to support and learn more about how to develop a vibrant family culture in our faith community is welcome.

### PROGRAM

At *Alight* there's something for everyone!

Registration	From 8.30 AM
Mass	9.30 AM
Concurrent Program	11.00 AM
Lunch and Fiesta	1.00 PM
Fr Leo: 'Spicing up Family Life'	3.00 PM
Finish	4.30 PM

- **MASS** Archbishop Peter A. Comensoli will celebrate Mass at 9:30 AM to begin the day. After Mass, concurrent programs for parents, children and youth will run from late morning until lunch.
- **RIDES! GAMES! MUSIC!** The middle of the day will be free time to enjoy the festivities—food, rides, games and live music and entertainment.
- **FOOD FOR THE SOUL** We'll conclude with a session for the whole family where Fr Leo Patalinghug will serve up food for the soul with his cooking demonstration.
- **PLAY SPACE** An optional play space for pre-school aged children will be set up adjacent to the main auditorium where parents can enjoy the presentations via video while supervising their young children.
- **FOOD VANS** During the Fiesta (lunch) time, there will be food vans selling meals and snacks. Families who would like to are encouraged to bring their own blanket and picnic lunch.

### OUR GUEST SPEAKER

Fr Leo Patalinghug is one of the most engaging and creative teachers ministering in the Catholic community today. A trained chef and two-time black belt martial arts instructor, he weaves his love of food and martial arts with his faith and Christ's message. Bringing families, food and faith together is at the heart of his *Plating Grace* ministry.



**TICKETS INCLUDE:**  
ENTRY TO THE CHILDREN'S,  
YOUTH AND ADULTS PROGRAMS,  
RIDES AND ENTERTAINMENT  
PLUS FR LEO'S COOKING  
DEMONSTRATION

REGISTER BEFORE  
31 AUGUST TO TAKE  
ADVANTAGE OF SPECIAL  
EARLY BIRD PRICES!

### COST

	Early Bird	After 31 Aug
Couple	\$90	\$120
School aged children (5-17 years)	\$10	\$10
Pre-school children (4 years and under)	FREE	FREE
Additional children*	FREE	FREE
Single adult	\$45	\$60
Student (18+) / Religious	\$25	\$35

\*Once three children aged between 5-17 are registered from one family, additional children attend for free.

In order to prepare a program that is well resourced and safe, **registration for the children's and youth programs must be completed by 31 August**. Children must be registered with a parent or legal guardian. Children registered after 31 August are welcome to attend *Alight*, but will not be able to take part in the children's and youth programs and will be required to remain with their parents throughout the morning.

### REGISTER NOW

Registrations can be made at [www.cam.org.au/alight19](http://www.cam.org.au/alight19)  
For inquiries contact the Life, Marriage & Family Office  
on [lmf@cam.org.au](mailto:lmf@cam.org.au) or 9287 5587.



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The Archdiocese is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

LIFE, MARRIAGE + FAMILY OFFICE  
sustaining human ecology



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