

# Retreat in Everyday Life

~Into Your Inner Room~

An invitation to rest in your inner room while pondering the joys and sorrows of your everyday life.

We offer you an opportunity to talk with a spiritual companion about what you are discovering.

**5 x Mondays: 23 & 30 July, 6, 13 & 20 August 2018**  
**1.15pm - 2.15pm**

Please register your interest by 16 July.

A small donation will be welcome.



**Heart of Life Spirituality Centre**

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